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A new resource center will serve to assist asylum seekers entering New York City.

The Asylum Seeker Resource Navigation Center, located at the American Red Cross headquarters on West 49th Street in midtown, will provide free and confidential information and services to help asylum seekers integrate in New York City.

“We’re all immigrants, all came from somewhere,” said Mayor Eric Adams after touring the navigation center on September 15. “So, it doesn’t matter if you came here on the Mayflower or on a bus at the Port Authority, you deserve the dignity and respect that this city continues to show. We’re going to show the compassion, the commitment, the understanding, and the helping hand,” he said.

The navigation center will be operated by Catholic Charities of New York.

Though its creation was spurred by a recent surge of migrants arriving into New York from border states — more than 11,000 within the past few months, according to Adams — the facility will support individuals and families who have entered the city on or after January 1 of this year.

Open during weekdays, the center will provide assistance in Spanish and other languages, with representatives of government agencies and community-based organizations located on-site to help with case management and connect families to critical services.

Among the services provided: health care services directly and through referral, school enrollment, mental health counseling, and immigration legal services.

“Whether it is legal assistance, medical care, school enrollment, or housing support, the Asylum Seeker Resource Navigation Center and the teams there will support people arriving in New York City,” said Deputy Mayor for Health and Human Services Anne Williams-Isom in a statement. “Thank you to our government and nonprofit partners for all the work they have done and will continue to do to help all the children, families, and individuals seeking asylum.”

Mayor’s Office of Immigrant Affairs Commissioner Manuel Castro said the city intends to “set an example for this country as to how we welcome newly arrived immigrants.”

“Everyone in the administration has really pulled together to make sure from day one asylum seekers are receiving support, not just in our shelters but everywhere else in the city with our nonprofit providers,” he said.

New migrants are arriving nearly every day.
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Launch of new citywide participatory budgeting process

The first-ever citywide participatory budgeting process is kicking off – and everyone is invited.

Known as “The People’s Money,” the initiative will allow New Yorkers to decide how to spend $5 million of mayoral expense funding to address local community needs citywide. “Creating the first-ever citywide participatory budgeting process through the Civic Engagement Commission (CEC) is a win for the community and keeps them both connected and engaged so that they know and have a say in where their tax dollars are,” said Mayor Eric Adams. “This initiative shows how being inclusive and open can yield results through strong civic engagement.”

All New Yorkers, regardless of citizenship status, will soon have a say in how to spend $5 million of mayoral expense funding to address local community needs.

Officials gathered to spread the word about the new initiative.
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What’s in a Number?

By Kathleen M. Pike, PhD

My oldest son’s high school basketball jersey was number 24. We bought a house with 24 as the street address.

Next, younger siblings picked 24 for their team jerseys. Before we knew it, 24 became our family’s lucky number. Proof of its portending good fortune, my first grandchild was born on the 24th of June this year.

Numbers carry meaning based on experience, and some carry meaning for one generation but not another. Decades after first being imprinted in my brain, five sets of numbers still carry major emotional and psychological import for me. Shared with others from my generation, they are likely to be just numbers for the next generation.

9/11. This month marked twenty-one years since the coordinated suicide terrorist attacks conducted by al-Qaeda against the United States. Anyone alive on that tragic day in September 2001 has 9/11 seared in memory both for the significance of that day’s events, and the impact of those events on the trajectory of subsequent historical events. I was in Japan on September 11, 2001, and I remember the exact details of hearing so quickly about the first plane crash. I was already watching the reporting on television when the second plane flew into the World Trade Center. Over 100,000 people witnessed the terrorist attacks directly, while countless others watched or listened to television or other real-time media as events unfolded. 9/11 was a collective trauma shared by groups of people, communities, and societies worldwide. A study of 2,733 people across the U.S. conducted one to two months after the attacks found that 11.2% of NYC residents and 4% of US residents met criteria for Post-Traumatic Stress Disorder. Another study led by long-time colleague, Dr. Sandro Galea, further documented that in close proximity having higher rates of PTSD.

525,600 (minutes). If you are like me, you cannot say this number without singing it. Thanks to “Seasons of Love” from the 1996 Broadway musical Rent, written and composed by Jonathan Larsen, we all know that a year contains 525,600 minutes. Beyond counting the minutes, the song entreats us to consider how to measure what matters in a year of a person’s life. Set in a quickly gentrifying neighborhood in downtown Manhattan, the AIDS crisis, homophobia, transgender activism, and economic inequality are front stage in this musical. Rent brought home the intimate link between HIV/AIDS and mental health. According to the National Institute

See NUMBER p22

¿Qué hay en un número?

Por Kathleen M. Pike, PhD

La camiseta de baloncesto que llevaba mi hijo mayor en la preparatoria era el número 24. Compramos una casa con el 24 como dirección. Luego, los hermanos menores eligieron el 24 para las camisetas de sus equipos.

Antes de damos cuenta, el 24 se convirtió en el número de la suerte de nuestra familia. Como prueba de su buena suerte, mi primer nieto nació el 24 de junio de este año.

Los números tienen un significado basado en la experiencia, y algunos tienen un significado para una generación, pero no para otra. Decadas después de haberse grabado en mi cerebro, cinco grupos de números siguen teniendo una gran importancia emocional y psicológica para mí. Compartidos con otros de mi generación, es probable que sólo sean números para la siguiente.

9/11. Este mes se han cumplido veintiún años de los atentados terroristas suicidas coordinados por Al Qaeda contra Estados Unidos. Cualquiera que estuviera vivo en ese trágico día de septiembre de 2001 tiene el 11-S grabado en la memoria, tanto por la importancia de los acontecimientos de ese día como por el impacto de los mismos en la trayectoria de los acontecimientos históricos posteriores. Yo estaba en Japón el 11 de septiembre de 2001, y recuerdo los detalles exactos de la rápida noticia del primer accidente aéreo. Ya estaba viendo la información en la televisión cuando el segundo avión se estrelló contra el World Trade Center. Más de 100,000 personas fueron testigos directos de los ataques terroristas, mientras que otras innumerables vieron o escucharon la televisión u otros medios de comunicación en tiempo real mientras se desarrollaban los acontecimientos. El 11-S fue un trauma colectivo compartido por grupos de personas, comunidades y sociedades de todo el mundo. Un estudio de 2,733 personas de todo Estados Unidos realizado entre uno y dos meses después de los atentados reveló que el 11.2% de los residentes de Nueva York y el 4% de los residentes de Estados Unidos cumplían los criterios del trastorno de estrés postraumático. Otro estudio dirigido por el Dr. Sandro Galea, colega desde hace mucho tiempo, documentó además que la proximidad de las personas a los atentados era un factor importante, ya que los que estaban más cerca tenían mayores tasas de TEPT.

525,600 (minutos). Si es usted como yo, no puede decir este número sin cantarlo. Gracias a “Seasons of Love” del musical de Broadway Rent de 1996, escrito y compuesto por Jonathan Larsen, todos sabemos que un año contiene 525,600 minutos. Más allá de contar los minutos, la canción nos invita a considerar cómo medir lo que importa en un año de la vida de una persona. Ambientada en un barrio del centro de Manhattan que se está aburguesando rápidamente, la crisis del sida, la homofobia, el activismo transgénero y la desigualdad económica son los protagonistas de este musical. Rent puso de manifiesto la íntima relación entre el VIH/SIDA y la salud mental. Según el Instituto Nacional de Salud Mental, las personas que viven con VIH y SIDA corren un mayor riesgo de desarrollar trastornos cognitivos, de ansiedad y del estado de ánimo, y la depresión es una de las condiciones de salud mental más comunes a las que se enfrentan las personas con VIH. Tanto las condiciones médicas relacionadas con el VIH como los medicamentos para el VIH pueden contribuir a la depresión, además de la carga de salud mental asociada al estigma relacionado con el VIH/SIDA.

61 en 61. Los aficionados al béisbol de mi generación conocen esta referencia inmediatamente. El 1 de octubre de 1961, en el último partido de la temporada contra los Medias Rojas de Boston, el yanqui Roger Maris conectó su sexagésimo primer jonrón. En ese momento, estableció un nuevo récord de jonrones en una temporada de las Grandes Ligas, superando el anterior récord de Babe Ruth, de sesenta, y manteniendo el título hasta 1968. El deporte y el ejercicio están vinculados con la salud mental de
The newly opened hub will prepare students for modern infrastructure jobs in Northern Manhattan and the Bronx.

U.S. Secretary of Labor Martin Walsh visited the City College of New York (CCNY) on September 9, touring the Rangel Infrastructure Workforce Development Initiative (RIWI).

Launched in April, the RIWI serves as a training institute, providing specialized curricula, simulation-based training, and experiential learning to help CCNY students pursue career paths in the urban infrastructure sector.

It was named for retired U.S. Congressman Charles Rangel, who represented the 13th Congressional District for 46 years and is currently the Statesman-in-Residence at CCNY.

The tour was hosted by Rangel’s successor, Congressman Adriano Espaillat, and the group was joined by Rangel, Governor Kathy Hochul, and numerous elected officials from the district.

Currently, the RIWI is providing workforce and training opportunities for the Second Avenue Subway Phase II construction.

The second phase of the project will extend the Q line into Harlem and aims to improve commutes by creating new stations on Second Avenue and 125th Street.

It is also expected to collaborate with the Gateway Program, which will improve a 10-mile section of the Northeast Corridor passenger rail line between New York and New Jersey.

Walsh offered praise for the initiative.

“When we think about where we are in the United States of America, Congress is active, Schumer has done an amazing job passing these bills, and now it’s really down to the City College to make sure we are preparing young people to access those jobs,” he remarked.

Initial support for RIWI included $1.5 million in federal funds, part of a $11.5 million package in community project funding secured by Espaillat.

Rangel explained that the center offers young people an affordable academic option to training for careers, and provides often-overlooked communities with equal opportunity.

“Now that students will be able to commence their studies here, this is a great step in developing a workforce attuned to the needs of the future, especially among the underserved, under-educated and under-employed,” Rangel said. “This initiative is an exciting model for [similar] programs in academic institutions throughout the country. A great step for providing workforce and training opportunities for the Second Avenue Subway Phase II construction.

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“We are going to have open doors to them, not close the doors in their faces like we’re seeing in other parts of this country,” added Adams. “A lot of American dreams are going to start right here at this center.”

The city will provide asylum seekers with information about the Resource Navigation Center as they arrive by bus, officials said, as well as in shelters and through community-based organizations.

In the following weeks, the city will release information about satellite locations where asylum seekers can access similar services throughout the five boroughs, officials said.

“New York City continues its tradition as a welcoming portal for those fleeing danger in their own countries and seeking protection and opportunity in the United States,” said Catholic Charities Executive Director Monsignor Kevin Sullivan. “Catholic Charities is proud to once again be at the heart of a welcoming New York, now, serving thousands of those seeking asylum from Venezuela and other countries. We are committed to our newest neighbors, helping them to become contributors to the vibrancy and economy of New York City.”

The recent surge of asylum seekers has placed a burden on the city’s shelter system, as more than 9,000 individuals have been added. Adams said the city has already opened 23 emergency shelters, some at hotels, and planned to open more.

“What you’re seeing here today, we’re not stopping at the bare minimum of right to shelter. We’re going beyond that to make sure people have a right to have a decent life here in our city,” he stated. “And so, we are going to meet our challenge. If it means opening up more emergency shelters, if it means looking at different locations, we are going to use every tool in our toolbox to solve this issue.”

Catholic Charities is seeking help to assist asylum seekers with food, clothing, shelter, legal assistance and other needs. Residents have been asked to contribute essential items for the migrants such as shoes, socks, underwear, baby items and clothing for children. For parishioners, church bulletin announcements include a QR code for donations as well as an Amazon Wishlist at amzn.to/3dsakAP.

Most have arrived in New York this summer via bus from Texas. They come from Latin America, particularly Venezuela, as well as some from Africa and Europe.

“We try to see with the eyes of Jesus … These just aren’t statistics,” said Cardinal Timothy Dolan in mid-August. “There are not just refugees and asylum seekers in the plural. These are people with names, and with dads and moms. These are husbands and kids, and we love them, and we welcome them.”

“Christ in disguise,” is how retired Brooklyn Bishop Nicholas DiMarzio described the migrants during a recent interview on NET, the diocesan cable television outlet.
Becerra gets boosted

HHS Secretary visits NYC, receives Covid booster

By Gregg McQueen

He'll take two.

U.S. Health and Human Services Secretary Xavier Becerra visited Northern Manhattan to encourage New Yorkers to get the latest Covid-19 booster shot – by getting own, and following it up with a flu vaccine shot.

The newly approved bivalent boosters are available to individuals age 12 and up and designed to protect against the highly contagious Omicron BA.4 and BA.5 variants of Covid-19.

Joined by a NYC Health Commissioner Ashwin Vasan and a host of community doctors, Becerra hosted a press conference on September 19 at the Pediatrics 2000 clinic in West Harlem. Operated by SOMOS Community Care, the clinic provides care to thousands of immigrant families in Northern Manhattan and the Bronx.

"[The booster] does what the previous vaccine did, but it does it better – because it can attack the newest variants of Covid, along with the previous variants," Becerra said. "So, it’s a double punch against the virus."

While at the clinic, Becerra and Vasan both received the Covid booster as well as a flu shot from SOMOS doctors.

Individuals who completed their primary vaccine series more than two months ago are eligible for the new booster, said Becerra, who also encouraged parents to make sure that children age 6 months and get the primary Covid vaccine if they haven’t already.

“Everyone, please get these shots,” he said.

The city Health Department’s vaccine data reports only 40% of those eligible throughout New York City have received the highly effective Omicron booster.

The numbers are less robust when it comes to the updated vaccine in communities of color. Only 28% of African Americans and 30% of Latinos who have completed their primary series have since received their updated vaccine.

According to the Centers for Disease Control and Prevention (CDC), the updated bivalent Covid-19 booster shot offers a better response to the most threatening variants.

Becerra, in town for the United Nations General Assembly, had a full schedule for his Big Apple visit.

In addition to his visit to SOMOS, he was slated to provide remarks at a session on AIDS, tuberculosis, and malaria, and also meet with former Secretary of State Hillary Clinton for a discussion on maternal and reproductive health.

SOMOS Community Care Chairman Dr. Ramon Tallaj thanked Becerra – the first Latino to serve as the country’s Health Secretary – for “choosing a community clinic run by immigrant doctors” for getting the shot.

“We see ourselves in you, and we’re proud,” he said.

“There’s much work to be done,” added Tallaj, who noted that SOMOS plans to open pop-up sites to distribute the booster.

In addition to community-based clinics like those run by SOMOS, the new boosters are available through NYC Health + Hospital facilities, local pharmacies, and home vaccination programs for elderly New Yorkers.

Vasan said the city’s high Covid vaccination rates were largely due to the work of community-based organizations.

“This is essential public health infrastructure,” he said.

Becerra acknowledged the role of community-based doctors in caring for hard-
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El comisionado Manuel Castro y el alcalde Adams se reúnen con solicitantes de asilo en la Autoridad Portuaria.

NAVEGACIÓN de p.13

La ciudad proporcionará a los solicitantes de asilo información sobre el Centro de Navegación de Recursos cuando lleguen en autobús, dijeron las autoridades, así como en los refugios y a través de las organizaciones comunitarias.

En las próximas semanas, la ciudad dará a conocer información sobre los lugares satélite en donde los solicitantes de asilo pueden tener acceso a servicios similares en los cinco distritos, dijeron las autoridades.

“La ciudad de Nueva York continúa su tradición como portal de bienvenida para quienes huyen del peligro en sus propios países y buscan protección y oportunidades en los Estados Unidos”, dijo el director ejecutivo de Caridades Católicas, monseñor Kevin Sullivan. “Caridades Católicas se enorgullece de estar una vez más en el corazón de una Nueva York de bienvenida, ahora, atendiendo a miles de personas que buscan asilo desde Venezuela y otros países. Estamos comprometidos con nuestros nuevos vecinos, ayudándoles a convertirse en contribuyentes a la vitalidad y la economía de la ciudad de Nueva York.”

La reciente oleada de solicitantes de asilo ha supuesto una carga para el sistema de refugios de la ciudad, ya que se han incorporado más de 9,000 personas. Adams dijo que la ciudad ya ha abierto 23 refugios de emergencia, algunos en hoteles, y que tiene previsto abrir más.

“Lo que están viendo hoy aquí, no nos estamos deteniendo en el mínimo del derecho al refugio. Vamos a ir más allá para asegurarnos de que la gente tenga una vida decente aquí en nuestra ciudad”, declaró. “Y por ello, vamos a cumplir nuestro reto. Si eso significa abrir más refugios de emergencia, si significa buscar diferentes ubicaciones, vamos a utilizar todas las herramientas de las que disponemos para resolver este problema”.

Miembros de organizaciones comunitarias estarán en el lugar para ayudar.

“Vamos a utilizar todas las herramientas para resolver este problema”, dijo el alcalde Eric Adams.
El dinero del pueblo

Comienza el primer proceso de presupuestos participativos en toda la ciudad

Conocida como “el dinero del pueblo”, la iniciativa permitirá a los neoyorquinos decidir cómo gastar $5 millones de dólares de la financiación de gastos de la alcaldía para atender las necesidades de la comunidad local. Todos los residentes están invitados a participar en la primera fase del proceso, que es la generación de ideas, y todos los residentes mayores de 11 años podrán votar. Las sesiones de ideas se están llevando a cabo en toda la ciudad desde ahora hasta el 9 de noviembre de 2022. El nuevo programa “el dinero del pueblo” se basa en un proceso local utilizado por la CEC en 2021 para involucrar a los residentes de los 33 barrios más afectados por la Covid-19 sobre cómo gastar $1.3 millones de dólares.

El dinero del pueblo, la CEC organizará sesiones de generación de ideas en los cinco condados en colaboración con más de 220 grupos comunitarios. Estos proyectos se convertirán en propuestas, que serán votadas por los residentes de cada condado. Los proyectos ganadores se ejecutarán a partir de 2024.

La CEC está comprometida con los valores de colaboración y puesta en práctica del poder de la comunidad. La elaboración de presupuestos participativos es una vía de compromiso que permite a las comunidades hacer oír su voz en las decisiones que afectan sus vidas”, dijo la presidenta y directora ejecutiva de la CEC, Dra. Sarah Sayeed. “Creemos que trabajando juntos con las personas afectadas por las políticas, podemos identificar y resolver nuestros retos colectivos y construir la interdependencia necesaria para una democracia sana y resiliente.”

Durante la semana del 19 de septiembre, la CEC y 86 organizaciones asociadas comenzarán a organizar las sesiones de generación de ideas. Los residentes también podrán presentar ideas y encontrar más sesión de generación de ideas a través de la plataforma en línea de la CEC. “Con la ampliación de los presupuestos participativos en toda la ciudad, el gobierno de Adams redobla su compromiso con la buena gobernanza y permite a los neoyorquinos opinar sobre el destino de sus impuestos”, dijo la vicealcaldesa de Iniciativas Estratégicas, Sheena Wright.

“Deseo ver los proyectos creativos y de colaboración que los neoyorquinos financiarán a través de esta histórica ampliación”.

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**KNOW YOUR ASTHMA TRIGGERS**

Asthma triggers can be different for everyone. These are the most common triggers.

### Outdoor Triggers
- Air pollution
- Pollen
- Weather

### Indoor Triggers
- Dust mites
- Mold and humidity
- Pets
- Cockroaches, mice, and rats
- Smoke, sprays, and disinfectants

### Other Common Triggers
- Illness
- Strong emotions like stress or anxiety

---

**Make water safe during an emergency**

- **Use bottled water for drinking, cooking, brushing teeth.**
- **If you don’t have bottled water,**
  - Boil your water for 1 minute.
  - If you can’t boil, add 8 drops UNSCENTED household bleach to 1 gallon of water. Mix well. Wait at least 30 minutes before using.
  - If you are using a portable water filter, choose one labeled to remove parasites.

More information: [www.cdc.gov/healthywater/emergency](http://www.cdc.gov/healthywater/emergency)
The ultimate aim is to develop it into a national center, CCNY officials said, becoming a template for localized, minority-focused, accredited skills training in an academic setting.

“This is very much top-of-the-line in terms of an opportunity, using this outstanding educational institution to be the vehicle to transport young people to a better future,” stated Hochul. “And how do we do that? We train them in infrastructure jobs.”

“I’m very excited about this and thank you for taking the lead,” she told CCNY President Vincent Boudreau.

According to CCNY, the center is designed to empower minorities, women, veterans, the formerly incarcerated, and recent high school graduates. It will offer paid internships with city and state agencies and local industries, and collaborate with partners in the public and private sector to develop and continuously update a curriculum that addresses immediate and forthcoming workforce needs.

“This initiative harnesses our expertise in engineering, architecture and sustainability to the needs of the moment more directly than ever before,” said Boudreau. “America must mobilize to accomplish the reconstruction of our infrastructure and that mobilization is a great opportunity to develop a more representative workforce. I’m pleased that CCNY is equipped to answer the call, and so grateful to Congressman Espaillat, Governor Hochul and Congressman Rangel for their faith and support.”

Walsh’s visit to CCNY, which also featured a lunchtime presentation from local workforce development groups, was part of a broader tour organized by Espaillat to show the Secretary labor initiatives in the district.

The group also visited the Kingsbridge Armory in the Bronx, which is poised to undergo a massive renovation project.

“Our federal, state, and nonprofit partnerships have worked collaboratively to boost the local economy, and under Secretary Walsh’s leadership, we have seen record low unemployment and record job growth,” Espaillat said. “I am appreciative to each of the New York City and State leaders who joined today’s discussions and tours of the Rangel Infrastructure Workforce Initiative and iconic Kingsbridge Armory and for their efforts to help make today’s historic visit a huge success.”

For more information, visit www.ccny.cuny.edu/rangelinfrastructure.
of Mental Health, people living with HIV and AIDS are at a higher risk of developing mood, anxiety, and cognitive disorders, and depression is one of the most common mental health conditions faced by people living with HIV. Both HIV-related medical conditions and HIV medications can contribute to depression, on top of the mental health burden associated with stigma related to HIV/AIDS.

In 1961, Baseball fans from my generation know this reference immediately. On the first of October 1961, in the last game of the season against the Boston Red Sox, Yankee Roger Maris hit his sixty-first home run. In that moment, he set a new Major League Baseball single-season home run record, surpassing Babe Ruth’s previous record of sixty, and holding the title until 1998. Sports and exercise are tied to mental health in multiple ways. Exercise has well-documented benefits for mental health and overall well-being. By releasing endorphins in the brain, exercise can relieve stress and pain, increase energy levels, elevate mood, and boost self-esteem. In fact, exercising for as little as 35 minutes a day can treat mild to moderate depression as effectively as antidepressant medication. And maintaining a regular routine of exercise helps prevent relapse of depression. Compared to individual sports, team sports tend to have a greater positive impact on mental health for adults and teens alike. Of course, the competitive pressures of sports can eclipse the mental health benefits of exercise, as highlighted in recent years by Michael Phelps, Simone Biles, and Naomi Osaka.

9/11 was a collective trauma. The terrorist attacks were witnessed directly by over 100,000 people.

with large-scale blackouts, infrastructure damage, and even political chaos. Anxiety is a common mental health issue globally, and in anticipation of Y2K, multiple studies reported elevations in generalized anxiety disorder. From a mental health perspective, Y2K represents the quintessential conditions for inducing anxiety: anticipated change, high-level ambiguity, rampant speculation, unknown expertise, perceived risk, low level of personal agency to mitigate such risk, and media hype. When only a few issues arose after the date passed, some people dismissed Y2K as a “hoax” while others asserted that effective strategic efforts averted disaster. This is an age-old dilemma for effective prevention strategies. When they work, people tend to discount the concern rather than value the prevention efforts.

33 or 45 or 78 (revolutions per minute). This takes us back to the era of vinyl and the explosion of music in the sixties and seventies. Many of us can still see the print and pictures on those paper sleeves that protected our cherished records against scratches, the iconic designs of original album covers, and record players themselves. Music has profound links to mental health. The psychological benefits of listening to music are plentiful: improved cognitive performance and memory, reduced stress, enhanced pain management, increased motivation, diminished symptoms of depression, and more. Listening to specific genres of music has been found to reduce the stress hormone cortisol, which is part of why music is associated with relaxation. Music therapy is a safe, low-risk way to help reduce depression and anxiety in patients suffering from neurological conditions such as dementia, stroke, and Parkinson’s disease.

The anniversary of 9/11 got me thinking about the link between numbers and mental health. The start of the new school year got me thinking that most students from kindergarden through university will have no personal experience with the numbers that are seared in my generation’s memory. I wonder what numbers will carry emotional and psychological significance for GenZ and beyond. And I am intent on asking my nonagenarian parents for the numbers that help tell their generation’s stories and history.

NUMBER from p10

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Y2K. Remember the hype leading up to the year 2000?! With ever-accelerating media coverage, fears of a “millennium bug” grew as the world marched towards the year 2000 with computer programs designed in the 1960s using a two-digit code for the year (e.g., 64 instead of 1964). Many worried that computer systems would interpret “00” as 1900 instead of 2000, causing global systems failure, upending critical infrastructures like power plant radiation monitoring systems, aviation schedules, and banking calculations of interest rates. Some countries (e.g., USA and UK) spent hundreds of millions of dollars to avert disaster. Others (e.g., Italy, Russia, South Korea) spent virtually nothing. The anticipatory anxiety around the world was fanned by the media, who painted a picture of a computer-induced apocalypse, causing global systems failure, upending critical infrastructures like power plant radiation monitoring systems, aviation schedules, and banking calculations of interest rates. Some countries (e.g., USA and UK) spent hundreds of millions of dollars to avert disaster. Others (e.g., Italy, Russia, South Korea) spent virtually nothing. The anticipatory anxiety around the world was fanned by the media, who painted a picture of a computer-induced apocalypse, making the turn of the century seem terrifying.

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Becerra recibe refuerzo
El secretario del HHS visita la ciudad de Nueva York
Por Gregg McQueen

Recibirá dos.

El secretario de Salud y Servicios Humanos de los Estados Unidos, Xavier Becerra, visitó el Alto Manhattan para animar a los neoyorquinos a que se vacunen con la última dosis de refuerzo contra la Covid-19, recibiendo él mismo un refuerzo y siguiéndolo con la vacuna de la gripe.

Los refuerzos bivalentes recientemente aprobados están disponibles para personas de 12 años en adelante y están diseñados para proteger contra las variantes Omicron BA.4 y BA.5 de Covid-19, que son altamente contagiosas.

Acompañado por el comisionado de Salud de la ciudad de Nueva York, Ashwin Vasan, y por médicos de la comunidad, Becerra organizó una conferencia de prensa el 19 de septiembre en la clínica Pediátrica 2000 de West Harlem. La clínica, administrada por SOMOS Community Care, atiende a miles de familias inmigrantes del Alto Manhattan y el Bronx.

"El refuerzo" hace lo mismo que la vacuna anterior, pero lo hace mejor, porque puede atacar las variantes más nuevas de Covid, junto con las variantes anteriores", dijo Becerra. "Así que es un doble golpe contra el virus".

Durante su estancia en la clínica, Becerra y Vasan recibieron el refuerzo de Covid y la vacuna contra la gripe de los médicos de SOMOS.

Las personas que completaron su serie de vacunas primarias hace más de dos meses son elegibles para el nuevo refuerzo, dijo Becerra, quien también animó a los padres a asegurarse de que los niños de 6 meses y más reciban la vacuna primaria Covid si no lo han hecho ya.

"Todo el mundo, por favor, pónganse estas vacunas", dijo. "Todos, por favor, pónganse estas vacunas", dijo el secretario de Salud y Servicios Humanos de EE. UU., Xavier Becerra.

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"Todas las personas mayores de 12 años.
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"Este refuerzo, si se adopta de forma generalizada, también ralentizará la transmisión, además de continuar con la protección que hemos visto de la vacuna original contra la enfermedad grave, la hospitalización y las muertes", continuó. "Es un avance notable".

Los neoyorquinos pueden pedir cita para el aplicarse el último refuerzo contra la Covid, en vaccinefinder.nyc.gov o llamando al 877-VAX-4NYC.

Para conocer más sobre SOMOS, visite somoscommunitycare.org.

"Hay mucho trabajo por hacer", dijo el Dr. Ramón Tallaj, presidente de SOMOS Community Care.

secretaría de Estado Hillary Clinton para debatir sobre la salud materna y reproductiva.

El presidente de SOMOS Community Care, el Dr. Ramón Tallaj, agradeció a Becerra el primer latino en ocupar el cargo de secretario de Salud del país- que haya "elegido una clínica comunitaria dirigida por médicos inmigrantes" para ponerse la vacuna.

"Nos vemos reflejados en ustedes y estamos orgullosos", dijo. "Hay mucho trabajo por hacer", dijo el Dr. Ramón Tallaj, presidente de SOMOS Community Care.

Un Becerra potenciado.

dificil acceso que a menudo son reacios a comprometerse con el sistema sanitario. "Puede ser algo alterador. Si no hablas el idioma, si no tienes seguro médico", dijo Becerra. "Hay mucha gente que se siente como en casa", dijo.

Vasan describió el último refuerzo como "el mayor desarrollo desde que las vacunas originales salieron al mercado".

"Hemos visto aumentar las críticas a esa vacuna original en cuanto a su menor capacidad para frenar la transmisión debido a las variantes de Omicron y sus posteriores subvarientes", dijo. "Este refuerzo, si se adopta de forma generalizada, también ralentizará la transmisión, además de continuar con la protección que hemos visto de la vacuna original contra la enfermedad grave, la hospitalización y las muertes", continuó. "Es un avance notable".

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"El comisionado de salud Vasan recibe su vacuna de Tallaj.

CORRELATIONS from p14

to-reach populations that are often reluctant to engage with the health care system.

“It can be a scary thing. If you don’t speak the language, if you don’t have health insurance,” said Becerra.

“I get the sense that the reason SOMOS is so successful is because you make a lot of people feel at home,” he said.

Vasan describió el último refuerzo como “el mayor desarrollo desde que las vacunas originales salieron al mercado.”

“We’ve seen increasing critiques of that original vaccine in its lessened ability to slow transmission because of the Omicron variants and its subsequent subvariants,” he said.

“This booster, if adopted widely, will also slow transmission in addition to continuing the protection we’ve seen from the original vaccine against severe illness, hospitalization and deaths,” he continued. “That is a remarkable development.”

New Yorkers can make an appointment for the latest Covid booster, at vaccinefinder.nyc.gov or by calling 877-VAX-4NYC.

To learn more about SOMOS, visit somoscommunitycare.org.
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